

The low carb, high fat approach challenging beliefs



Join AUT Professor Grant Schofield and his Human Potential Centre colleagues at a free seminar, as they discuss a new approach to nutrition.

The low carb, high fat approach is controversial and challenges the advice of the public health establishment.

RSVP now as places are limited.

Wednesday 16 October 2013 7PM – 8.30PM

AUT Millennium 17 Antares Place, Mairangi Bay, Auckland



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